

**Boost your immunity**  
with **high absorption**

# VITAMIN C LIPO-SACHETS™



Vitamin C is an essential nutrient for normal development and the maintenance of a large number of vital functions

## Why take Vitamin C Lipo-Sachets?

- ✔ Support the normal function of the immune system
- ✔ Help to reduce the frequency and severity of colds and flus
- ✔ Help to protect cells from harmful free-radicals due to antioxidant properties
- ✔ Support the production of collagen which is essential for the maintenance of the skin, blood vessels, bones, cartilage, gums and teeth
- ✔ Support the formation of connective tissue to assist in the healing of wounds
- ✔ Support iron absorption

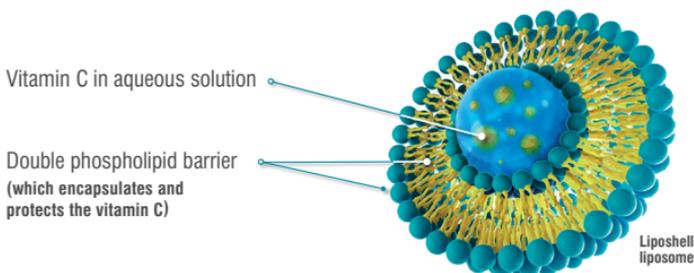
**AFT** pharmaceuticals  
Working to improve your health

## Why does the body need high absorption vitamin C?

The human body, unlike many other animals, is unable to produce its own vitamin C<sup>1</sup> and must get it from food and/or supplementation, but it is difficult to maintain high levels for long periods as unused vitamin C is excreted by the body.<sup>2</sup> It is therefore important to take vitamin C regularly and in a highly absorbable format to maintain adequate levels.

## How does the technology in Vitamin C Lipo-Sachets work?

Vitamin C Lipo-Sachets contain vitamin C encapsulated in LIPOHELL liposomes. These liposomes are bubbles with the centre containing vitamin C in an aqueous solution, surrounded by a double phospholipid barrier. The liposome acts as a protective carrier for the vitamin C, enabling the vitamin C to be transported throughout the body without degradation from digestive enzymes, oxygen or interaction with other medications, resulting in high bioavailability and high absorption.



**ACTIVE INGREDIENTS:** Each 5g sachet contains Sodium Ascorbate 1000mg equivalent to 889mg vitamin C.

**DOSAGE:** 1 sachet once daily. Consume the content of one sachet as is or dissolve in a small amount of cold, still water. Do not exceed the daily recommended dose.

Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. Vitamins are supplementary to and not a replacement for a balanced diet. AFT Pharmaceuticals Ltd, Auckland. TAPS 1849HA. <sup>1</sup> Nishikimi M, Koshizaka T, Ozawa T, Yagi K. Occurrence in humans and guinea pigs of the gene related to their missing enzyme L-gulonono-gamma-lactone oxidase. Arch Biochem Biophys. 1988;267:842-6. <sup>2</sup> Yi Li and Herb E Schellhorn. New Developments and Novel Therapeutic Perspectives for Vitamin C. J. Nutr. 137: 2171-2184, 2007

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